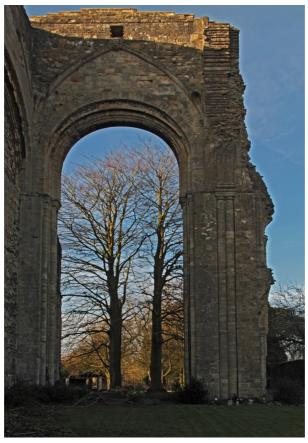
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Looking for the Resurrection

An old couple are driving down the motorway when the wife gets a call from their daughter. 'Mum, there's a car driving the wrong way down the motorway!' The wife warns her husband that there is a lunatic on the motorway. Her husband, clutching the wheel in terror, replies: 'One lunatic? There are dozens of them, all headed straight for us!' What we see is determined by our perspective on life.

In the Nicene Creed we say: 'We look for the resurrection of the dead, and the life of the world to come.' In the gospel accounts of the Resurrection, there is a lot of looking and seeing. Mary Magdalene, Mary the mother of James and Salome went early to the tomb. They saw the stone rolled aside and inside the tomb a young man dressed in white said to them: 'Don't be alarmed. You are looking for Jesus the Nazarene, who was crucified. He has risen! He is not here. See the place where they laid Him...He is going ahead of you into Galilee. There you will see Him' (Mark 16: 6,7).

Like the women we would probably have been left '*trembling and bewildered*' by what we saw that morning. Had the body been taken? Was the young man an angel or deceiver? Was Jesus raised to life again, or was this an elaborate hoax?

Easter gives us a choice. We can approach life looking for disappointment, fear and despair. Or we can look for resurrection and find not just an empty tomb, but encounter the living Christ. He continues to meet us in our daily lives bringing new hope, forgiveness of sin, healing and wholeness and the assurance of His presence through the darkest of times. God invites us to see our lives differently and look for Christ's resurrection life at work in our lives and the people around us.

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CELEBRATING OUR BELLS – THEIR CENTENARY

It was on 23rd March 1924 that the newly-recast bells were re-dedicated by the Bishop of Exeter at special service in St Peter's. We are marking the anniversary of this occasion and the centenary of our bells with a special bells-themed service on Sunday 17th March at 10:15am. Please note that this is a week earlier than previously announced in order to avoid clashing with Palm Sunday.

Following the bells service on the 17th there will be coffee as usual and then a bring-and-share lunch in church from 12noon. Everyone is invited to bring a plate of food and stay to mark the bells' centenary. We hope to be joined by representatives of the community and those who have been responsible for carrying out the overhaul work on the bells in the last few weeks. We do hope you will join the ringers in this special celebration.

OVERHAULING THE BELLS

While the bells may have been silent on Sunday mornings and Tuesday evenings for the last few weeks, the ringers have been far from idle. Tuesday night practices have continued at other towers in the area, and we are grateful to St Paul's in Tiverton, Cullompton and Thorverton for welcoming us.

More significantly most members of our band and some ringers from other towers have been helping with the overhaul work. By providing assistance for the bellhangers from John Taylor & Co and offering overnight accommodation we have significantly reduced the cost to the church. Ringers have been carrying wheel halves, clappers and pulley boxes down and back up the tower stairs. We have also been cleaning out the bearings and rubbing down the paintwork on the bell frame ready to



start applying fresh paint. The pictures show some of the work we have done.

Les Boyce

[Pictures show:

Simon & Les loading wheels to go to Loughborough



A messy job cleaning bearings



Bellhanger, Kit Bardsley working on the tenor bearing







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BELLS FUNDRAISING – WE ARE NEARLY THERE

A rather drab and drizzly Saturday afternoon last month was enlivened and brightened by a cream tea fundraising event in church for the Bells Project. Over 60 people turned out to enjoy teas and cakes, good company and a musical entertainment provided by former St Peter's bellringer, Dave Graham and his mates from The Courtenays Folk Ensemble. A range of traditional folk songs and sea shanties kept everyone's feet tapping along. Dave gave us a special rendition of the Devonshire Bell Ringing Song, while Archie treated us to two sets of Scottish airs on the bagpipes. A range of gift, plant and craft stalls along with a hamper raffle all contributed to a magnificent total income of nearly £700. This gets the bells fundraising overall to nearly £20,000.

Thank you to The Courtenays Folk Ensemble (pictured) for supporting our event and to all who have come to this and previous events and given so generously.

Les Boyce

[Picture: The Courtenays Folk Ensemble]



Chevithorne News

We wish Revd. Christian's wife Pippa a speedy recovery.

We welcome Esther Burd as our church treasurer we are grateful to her for taking on this roll.

Thank you to John Ewins for all the work he has done and wish him well.

Our sympathy is with Kate, James, Rosie and Henry Stanton as they come to terms with the loss of Diana, Kate's mother.

Our sympathy too to Linda May on the loss of her mother Rene and to all others who have lost loved ones.

Thank you. Margaret

Electoral Roll

A quick reminder, the Electoral Roll is due for its annual updating. Please check your details on the roll (copy in the church porch, or see me). Also, we need more people on the Electoral Roll, so please apply if you are not already on it, the form can be found at the back of the church.

> Thank you Sarah Ware, Electoral Roll Officer

NB Copy for the April 2024 Magazine should <u>only</u> be sent to TheParishMagazine@live.com or by post to Cotswolds, 49 Park Hill, Tiverton EX16 6RW by March 10

13 JB'S Pressure Washing Services A friendly, prompt and reliable service. Using high quality cleaning and sealing products. CITYW **DRIVES - PATIOS - DECKING GARDEN WALLS - STATIC CARAVANS** Light agricultural and commercial cleaning also available. Fully insured. For a free no obligation quote Call John on 07749 389035 or 01884 256158 Email: john-boy7@live.co.uk Pilgrim Optical friendly & focused Newly refurbished practice Next to William street car park **Enormous frame selection** Paediatric frame specialist Contact lens specialist OCT scans We place even greater emphasis on your eye health Call us now for our latest offers We are open Monday to Friday 8.30am to 5.00pm Saturday 9.00am to 1.00pm Telephone 01884 252034 www.pilgrimoptical.co.uk

March 2024 Diary

Sun 3 Mar	8:00am 9:30am 10:00am 10:15am	Holy Communion (BCP) Morning Prayer Online Morning Prayer Chevithorne Holy Communion
Sun 10 Mar	9:30am 10:15am	Morning Prayer Online Holy Communion
Sat 16 Mar	9:00am 3:30pm	Bell Ringing Peal Devon Youth Brass Concert
Sun 17 Mar	9:30am 10:00am 10:15am	Morning Prayer Online Holy Communion Chevithorne Holy Communion
Sat 23 Mar	7:30pm	Exeter Festival Chorus
Sun 24 Mar	9:30am 10:15am	Morning Prayer Online Holy Communion
Wed 27 Mar Thu 28 Mar	2:00pm 7:00pm	Mothers' Union Meeting Holy Communion
Sun 31 Mar	9:30am 10:15am	Morning Prayer Online Holy Communion
Sat 6 Apr	10:00am	Coffee morning - Time TBC
Sun 7 Apr	8:00am 9:30am 10:00am 10:15am	Holy Communion (BCP) Morning Prayer Online Morning Prayer Chevithorne Holy Communion

If you wish to advertise in the Parish Magazine please contact Kate Henshall Email:parishmag@stpeterstiverton.org.uk



South Wessex Organ Society Visit

On Tuesday March 5th, St Peter's is hosting a visit by the South Wessex Organ Society, which is based in Lyme Regis, as part of their Winter Organ Course. Delegates will arrive midmorning and depart late afternoon. The subject is 'Interpreting Bach on an English Organ' and examples will be played by Peter King, with a talk and Masterclass by Andrew Millington (both well-known at St Peter's). The day is not open to the public. We are pleased to have these gifted musicians using our splendid Father Willis organ, which dates from 1696, and is admired far and wide.

Graham Willson

Pancake & Coffee Morning

A pancake & Coffee morning was held in Church on Shrove Tuesday from 10am.

Church members and visitors enjoyed refreshments & socialising.





Tiverton Mothers' Union

Wednesday March 27th 2pm in the Baptist rooms. Our meeting falls in Holy Week, our speaker will be Sarah Rock-Evans and the title of her talk "SHADOWS OF HOPE". will be Sarah is an ordinand, training for ministry in he Church of England with St George & St Paul's in Tiverton. She will bring us a series of passages from the Bible exploring Jesus' journey to the Cross and the hope that He still offers to the world today. There will be opportunity for study, prayer, reflection and discussion. All welcome.

All are welcome to join us this special week in the churches year and share with us afterwards in refreshments and a chance to get to know each other and hear each others news

Betty Thrall

Change, but no change!!

Last month Tiverton Mothers' Union held its Annual General Meeting with a difference! Because we were having difficulty in finding members to hold office – leader, secretary and treasurer – there were no elections and only reports on what we did last year. The reason for this is that, to make life easier for us, and indeed, to carry on, we have decided to 'move on' with each of us becoming Diocesan Members of MU, and doing away with all that running a branch involves.

So, yes, things have changed, but we will all still belong to MU, still meet regularly and enjoy the fellowship and engage speakers, but without the hassle! Without a treasurer we do not need a bank account as each member will pay the annual subscription direct to the MU diocese. Apart from that members will not experience any difference, and personally, I will be quite relieved not to have to run the show!

The upside of 'Moving On' is that each of us will receive all the information personally, direct from the office in Exeter, instead of through me, and we will all be well informed. At the AGM those of us who have played significant roles within the branch were thanked and a few of us agreed to form a small committee to enable the smooth running of the group. This was followed by a short act of worship, the 'Moving On' service, and then a scrumptious tea! I will remain the contact for Mothers' Union in Tiverton, and we welcome

Union in Tiverton, and we welcome any who would like to come to our meetings – and maybe become Diocesan Members like the rest of us?

Nickie Johnson





WORLD DAY OF PRAYER (A WOMEN LED, GLOBAL, ECUMENICAL MOVEMENT)

'I beg you, bear with one another'

The Christian women of Palestine are calling us to connect with the land from where Jesus came; where he was born, ministered and dies – and from where our faith began and is rooted. Despite living in an area of the world where there is ongoing conflict and the future is uncertain, the women of Palestine are sharing with love a reminder that they are there, and they want to give hope to everyone. The theme of the service 2024 'I beg you, bear with one another in love' seems very appropriate for these women who will not give up witnessing to the love of Jesus Christ.

The service in Tiverton will be held in **St Andrew's Church, Blundell's Avenue, on Friday, 1st March at 2.00pm**. We invite Christians, both men and women of all denominations, in and around the town, to join in to support and learn about the Christians in Palestine. The service will be followed by light refreshments and the opportunity to meet new friends in Christ.



Spring Fair

Saturday 6th April 10.00 am - 12.00 noon



INTO A WARM AND INVITING HAPPY PLACE

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Spring Fair

Our children's corner has lovely cupboards now but needs to be made warm and appealing to children. A carpet would help younger children to play on the floor, a notice board to display on their work, maybe other things.

We need volunteers to help, run the

cake stall, the draw, serve coffee etc. Also we need objects for the stalls, Cakes, prizes to go in a hamper for the draw, bric a brac, toys in good condition etc. Boxes will be placed at the back of the church to receive any donations.

If you are able to help please speak to Sally Mundy or Shelia Richardson. THANKYOU

The story of aspirin

You will probably have taken aspirin, in one form or other, many times. But how much do you know of its history?

It was 125 years ago this month, on 6^{th} March 1899 that the German pharmaceutical company Bayer first patented aspirin (acetylsalicylic acid).

But this is based on salicylic acid, which was used in herbal medicines as far back as Sumerian times, in 2500 BC. It was then that the Assyrians used willow leaves for rheumatic disease. The Egyptians also used willow leaves, as well as myrtle, to ease joint pain or inflammation.

In Greece, Hippocrates (460-377 BC) recommended an extract of willow bark for fever, pain and childbirth. And even the peoples of ancient China, Rome, and Native America all discovered and used plants containing salicylic acid.

Fast forward to Chaucer's 14th century, and the Knight's Tale recommends the use of meadow sweet for pain, another source of acetylsalicylic acid.

In 1763, some science was introduced, when an English clergyman, the Revd Edward Stone, used willow bark to successfully treat fever 'ague' in 50 of his parishioners. He carefully documented it all for the President of the Royal Society.

In 1828, Johann Andreas Buchner, a Professor of Pharmacology at the University of Munich, purified salicin from willow bark.

In 1859, Professor Hermann Kolbe, at Marburg University worked out the chemical structure of salicylic acid and made it synthetically.

In 1897, Dr Felix Hoffman, a German chemist at Friedrich Bayer and Co, managed to produce pure stable acetylsalicylic acid (ASA). His discovery was the *first time* that a drug had been made synthetically, and so it was the birth of both aspirin and the pharmaceutical industry.

Finally, in early 1899 the new compound was named and registered Aspirin. The 'A' comes from acetyl and 'spir' from the first part of *Spirea ulmaria* (Meadowsweet) a botanical source of salicylic acid.

So next time you take an aspirin, think of the Assyrians chewing willow leaves, 4,000 years ago.

Parish Pump

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Prayer Diary for March 2024

Preparation, through Lent, for Easter

St David & World Day of Prayer. Pray for the Welsh & for Palestine 1 2 Pray for King Charles, Prince William & all the Royal Family 3 3rd Sunday of Lent. Pray for all unscrupulous traders & dealers 4 Give thanks for the signs of Spring in this beautiful County 5 International Day for Disarmament - pray for peace in all men's hearts National Dentists' Day – give thanks for all who look after our teeth 6 7 Remember the lonely, the unloved and the unlovable 8 Give thanks for all who work for CHAT, and all who need their help Pray for families this Saturday, especially where children are at risk 9 10 Mothering Sunday – give thanks for mothers and for the work of MU 11 Commonwealth Day – pray for all the countries in the Commonwealth 12 Pray for God's healing hand on all who are sick in mind and body 13 Give thanks for all who worship the Lord here in Tiverton 14 Pray for all with disabilities and those who care for them 15 Red Nose Day / Comic Relief – give thanks for fun and peoples' generosity 16 Give thanks for all who work "behind the scenes" in St Peter's 17 5th Sunday of Lent/St Patrick – pray for peace & harmony in Ireland 18 Ask God's continued blessing on Christian and Pippa 19 St Joseph of Nazareth – give thanks for all supporting spouses! 20 Spring Equinox/start of Spring - thanks for lighter evenings/warmer days 21 Give thanks for those striving to slow down Global Warming 22 Give thanks for all those who work to produce our food 23 World Meteorological Day – Give thanks for all who monitor the weather 24 Palm Sunday - "All glory Laud and Honour to our Redeemer King" 25 Pray for children and teachers at the beginning of the school holidays 26 Remember all who mourn, that they may be comforted 27 Pray for all who are facing death at this time 28 Maundy Thursday – pray for humility to serve others with love 29 Good Friday – pray for help to forgive others who have wronged us 30 Holy Saturday -pray for peace of mind as we bury all troublesome thoughts

31 EASTER DAY – ALLELUIA – HE IS RISEN!

Jam and Jerusalem

Well as we celebrate Easter at the end of this month, I thought I would 'overload' the Chocolate, and give you a lovely recipe for a loaf cake, which is very moist and very good!!

Chocolate Loaf Cake.

113 grams Soft Butter or Marge
300 grams Caster Sugar,
2 eggs
1 teasp Vanilla Essence
3/4 cup of milk
150 grams SR flour
1/2 teasp Baking Powder
1/2 cup Cocoa Powder
Pinch of salt.



Beat the butter and sugar well with an electric mixer, add the eggs and mix well adding all the other ingredients.

Bake 350 for 1hr.

You can sprinkle chocolate chips on top before baking, or ice with chocolate icing.

Enjoy, and Very Happy Easter baking to you all.

please send me one of your favourite recipes, Sally Xxx <u>sallynevillemundy@hotmail.com</u>



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Hello,

In the February copy of the News Letter, we told you that because our usual supplier of Easter Eggs had ceased trading Penny was having problems finding a new source.

I very glad to let you know that Penny has now found another company that can supply "*The Real Easter Egg*" that includes a booklet telling the real store of Easter.

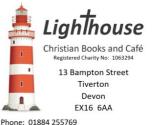
Unfortunately, like everything else, the price has gone up to £5.50 each.



At the moment, Penny has limited stocks so it might be worth ring her at the shop to either check she has some before making a special journey, or to place an order.

These are ideal as a special Easter present for a child, or grandchild (or even for yourself!)

With every blessing Rikky



Email: office@lighthousetiverton.org.uk Web site: www.lighthousetiverton.org.uk

²⁶ *LIGHTHOUSE NEWSLETTER No 29* - March 2024

Jesus said, 'I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life'. John 8:12 (NIV)

Winter is almost past, spring arrives on March 20th this year and Easter comes shortly after, and days are getting longer and lighter. We will be closed over the Easter period, Good Friday, Easter Saturday and Bank Holiday Monday to enable our staff and wonderful volunteers to focus on this key time in the Christian calendar.

Like most charities we could not run without our volunteers. Our volunteers bring a wide range of skills and talents that enable Penny and Kelsie to focus on the nitty-gritty of the day to day running of Lighthouse. Some of our volunteers excel at greeting and engaging customers, which is incredibly important in making them feel valued and ensuring they come back time and again. Other volunteers are amazing at keeping on top of housekeeping, tables are cleared and wiped, washing up is dealt with, condiments and napkins are topped up and others just spot a need and step in.

The great thing about volunteering is that age is no barrier. Whatever your age, you have a massive amount to offer and there are many charities out there desperate for your help and support. Obviously we'd like you to consider us if you're thinking of volunteering but nevertheless volunteering is a great way to support your community.

There are small changes happening at Lighthouse. The free magazines and newspapers that used to be on the tables are now in a rack on the wall by the door. Do help yourself when you come in and we'll put them back when you leave. There will be a prayer box near the till from Monday 19th February with little cards you can write your prayer requests on. Prayers will be included in each Tuesday's Prayers for Tiverton Meeting.

We also have a new Facebook page. If you use Facebook just search for Lighthouse Tiverton and look for our red and white lighthouse. Please like and

follow us to keep up on what's going on. We've also signed up for a historic Tiverton Photo Trail the museum are running in the summer so lots to look forward to.

Thank you for your continued prayers and support for the work of Lighthouse.



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ORGANISATIONS ATTACHED TO SAINT PETER'S CHURCH

YOUNG CHURCH

We welcome all children and young people of whatever age, and like to have them in the congregation with us. Our policy is to enjoy our children - to see and hear them. Supervised activities tailored to the needs of individual children are provided during the 10.15 service.

ALTAR TEAMS

Sacristans care for the altar, and with Servers assist at Holy Communion on Sundays. (Contact Susan Beale 252619)

CHOIR

New members always welcome. (Contact: Gill Heard music@stpeterstiverton.org.uk)

BELL RINGERS

Bells are rung on Sundays and for Weddings. Practice on Tuesday 7.30. (Contact Sheila Scofield, emailringers@stpeterstiverton.org.uk)

MOTHERS' UNION

MU is a worldwide Christian organisation, concerned with the family, for women and men, married or single. At present we meet on 4th Wednesday in the month from 2.00 to 4.00 in the Baptist Church Lounge, and we welcome visitors and potential members! Contact Nickie Johnson 07957 198388.

PRAYER CHAIN

For those in need of some supportive prayer. Offered in total confidence. (Contact Jean Jenner 256597)

FLOWER ARRANGING TEAM.

A team who decorate the church at festivals and throughout the year. New members always welcome. Beginners offered tuition. (Contact Sally Mundy 254378)

SUNDAY INTERCESSIONS

If you are unwell and would like to be included by name in the prayers at Parish Communion, or if you would like the name of a friend to be included (having first got their permission) please contact Jean Jenner 256597.

TAPISSERS GROUP

The tapissers make kneelers for the church. To order a kneeler for a loved one, or to commemorate an event, or for a group connected with church activities, also if you are interested in making kneelers, please contact Jane Bonnick 243705.

³² ST. PETER'S, TIVERTON

SUNDAY THURSDAY (Ot	 8.00 Holy Communion (BCP) (1st Sunday of 9.30 Morning Prayer online - joint with The Exe Valley Mission Community 10.15 Holy Communion (CW) 10.00 Holy Communion at St Paul's her Services as on Notice Board in Porch) 	only)
PRIEST:	The Revd Christian Hill, The Vicarage, St Andrew Street, Tiverton, EX16 6PH revchristian@stpeterstiverton.org.uk	
CHURCH OFFICE and WEBSITE CONTACT: READER:	Tim Bayton, St. Peter's Church Office EX16 6RP office@stpeterstiverton.org.uk David Catchpole, 15 Uplowman Rd, EX16 4LU pcc@stpeterstiverton.org.uk	242991 252100
CHURCH-WARDENS:	Gill Heard, 6, Norwood Road, EX16 6BD Bill Zarrett, 6 Kestrel Close, EX16 6WY wardens@stpeterstiverton.org.uk	258600 256803
P.C.C.VICE-CHAIRMAN	Gill Heard	258600
CHOIR	Gill Heard	258600
ADMINISTRATOR:	music@stpeterstiverton.org.uk	
P.C.C. SECRETARY:	David Catchpole, 15 Uplowman Rd, EX16 4LU	252100
TREASURER:	Helen Wakely, The Firs, Elm Grove Road, Topsham, Exeter, EX3 0EJ hwakely1@gmail.com	07711 380647
PARISH GIVING RECORDER:	Helen & David Wakely, The Firs, Elm Grove Road, Topsham, Exeter, EX3 0EJ <u>hwakely1@gmail.com</u>	01392 879179
SAFEGUARDING REPRESENTATIVE:	Joanna Hall-Tomkin Castle Croft, Park Hill, Tiverton, EX16 6RP safeguarding@stpeterstiverton.org.uk	07791 747844
MAGAZINE DISTRIBUTION	Contact Jim Grose	01884 243016
MAGAZINE PRINTING:	Garfield Barnett, Cotswold Computing CotswoldComputing@live.co.uk	253148
CHURCH WEBSITE:	www.stpeterstiverton.org.uk	

INFORMATION

To arrange a Consultation regarding Baptisms, Weddings and other matters please ring the Office on 242991 or email <u>office@stpeterstiverton.org.uk</u>

Baptized and communicant members of other Churches are always welcome to receive the Sacrament at Holy Communion